

APPENDIX B

SANCTUARY RESOURCES

You'll find the following resources on our website,
www.sanctuarymentalhealth.org

THE SANCTUARY BLOG

The Sanctuary Blog opens important conversations about mental health and faith with theologians, pastors, registered counsellors, experts in various fields, and people with lived experiences of mental health challenges.

THE SANCTUARY PODCAST

The Sanctuary Podcast interviews theologians, writers, leaders, and people living with mental health challenges for inspiration, insight, and resources to equip communities to be a sanctuary for all people.

Sign up for our newsletter and follow us on social media to be notified of new resources from Sanctuary as they are released.

Newsletter:

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